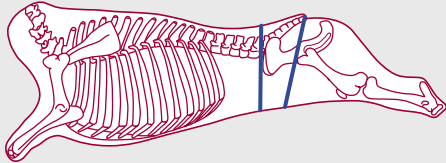


Rump Bistro Muscle

Code:

Rump B019



1. Position of the rump.

2. Boneless untrimmed rump with the tail muscle (TFL) removed.

3. Remove the cap muscle/picanha by cutting along the seam between it and the rest of the rump.

4. Separate the prime rump and the bistro rump muscles by cutting along the seam between them.



5. Rump Bistro Muscle.

